



## 2022 Fall Food Allergy Guide

Sodexo, the food service provider here at Canobie Lake Park, makes every effort to ensure our Guests' needs are met. We understand that some of our Guests may have food based allergies, and we strive to provide them with detailed information to make their meal choices as hassle-free as possible. The dietary and allergy information used to create these guides has been researched by Sodexo USA.

The product ingredient information was derived directly from the product packaging that we receive from our suppliers.

While we attempt to keep this information as current and accurate as possible, please understand that there are many factors that can affect the accuracy of these guides, including but not limited to temporary product substitutions or cross-contamination (our products are shipped, stored, and transferred alongside other items that may include allergens). As always with any serious food allergy, please use your best judgement when deciding what and what not to eat.

We are happy to provide this guide as a service to our Guests, in hopes that it makes your visit here at Canobie Lake Park as enjoyable as possible. If there is anything else we can do to assist, please do not hesitate to use the contact information below or visit Guest Services at the Park entrance. For specific product ingredients lists, please use the contact information below. Thank you for visiting and enjoy your day!

***Chef George McClain***

*Sodexo - Executive Chef*

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	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b><u>Pizza Ria</u></b>							
16" Cheese Pizza		✓	✓		✓		
16" Pepperoni Pizza		✓	✓		✓		
16" Specialty Pizza		✓	✓		✓		
Slice of Cheese		✓	✓		✓		
Slice of Pepperoni		✓	✓		✓		
Slice of Specialty Pizza		✓	✓		✓		
Gluten Free Pizza		✓			✓		
Combo - 2 Slices of Pizza & Soda		✓	✓		✓		
Combo - 2 Slices of Specialty Pizza & Soda		✓	✓		✓		
Chicken Caesar Wrap		✓	✓	✓	✓		
Turkey Wrap		✓	✓		✓		
Bag of Chips		✓			✓		
Soda							
Hot Chocolate		✓			✓		
Bottled Water							
Chicken Ceaser Salad		✓	✓	✓	✓		
Buffalo Chicken Salad		✓	✓		✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b><u>Poncho Cantina</u></b>							
Burrito		✓	✓		✓		
Gluten Free Burrito		✓			✓		
Burrito Bowl		✓	✓		✓		
Double Protein		✓					
Gluten Free Bowl		✓			✓		
Nachos Grande		✓	✓		✓		
Quesadilla		✓	✓		✓		
Cheese Quasadilla		✓	✓		✓		
Cantina Carne Asada Fries		✓	✓		✓		
Chips & Salsa					✓		
Chips & Queso		✓			✓		
Rice & Beans					✓		
Cheese Fries		✓	✓		✓		
Southwest Waffle Fries			✓		✓		
Guacamole (2oz)					✓		
Extra Salsa (4oz)					✓		
Extra Sour Cream (4oz)		✓			✓		
Extra Queso		✓			✓		
Fried Dough			✓		✓		
Soda							
Bottled Water							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b><u>International Food Festival</u></b>							
Soft Serve with Sprinkles (Vanilla, Chocolate, or Twist)		✓			✓		
Cone Dip (Chocolate or Cherry)		✓			✓		
Cotton Candy							
Personal Cheese Pizza		✓	✓		✓		
Personal Pepperoni Pizza		✓	✓		✓		
Hot Dog Basket			✓		✓		
Italian Sausage Basket		✓	✓		✓		
Chicken Parmesan Sandwich		✓	✓	✓	✓		
Hand Cut French Fries					✓		
Cheese Fries		✓	✓		✓		
Chili		✓			✓		
Soda							
Bottled Water							
Chili Cheese Fries		✓	✓		✓		
Mac N Cheese Bowl		✓	✓	✓	✓		
Chili Cheese Mac Bowl		✓	✓	✓	✓		
Chili Cheese Dog		✓	✓		✓		
Caramel Apple w/ Topping		✓	✓		✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b><u>Lumber Jack Ice Cream</u></b>							
Soft Serve		✓			✓		
Cone Dip (Chocolate or Cherry)		✓			✓		
Dole Whip					✓		
Sprinkles	✓	✓	✓		✓		
Cherries					✓		
M&Ms	✓	✓			✓		
Whipped Cream		✓			✓		
Soda							
Hot Chocolate		✓			✓		
Souvenir Cup							
w/ Sprinkles to Soft Serve			✓		✓		
Fudge			✓		✓		
<b><u>Gables Grill</u></b>							
Fried Chicken Sandwich Only		✓	✓	✓	✓		
Gluten Free Chicken Tenders		✓		✓	✓		
Corn Dog		✓	✓	✓	✓		
Crinkle Cut Fries					✓		
Soda							
Hot Chocolate		✓			✓		
Bottled Water							
Chicken Tenders		✓					
Cheeseburger		✓	✓		✓		
Hamburger			✓		✓		
Southwest Fried Chicken		✓	✓	✓	✓		
Footlong Hotdog			✓		✓		
<b><u>Lemonade</u></b>							
Lemonade							
Add Flavor Shot							
Pretzel with Cheese		✓	✓		✓		
Box Candy		✓			✓		
Hot Chocolate		✓			✓		
Popcorn		✓			✓		
Hot Apple Cider w/ Cin Stick							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Popcorn</b>							
Popcorn Bag		✓			✓		
Kettle Corn					✓		
Soda							
Bottled Water							
Gatorade							
Refill							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Fried Dough</b>							
Fried Dough w/ butter, powdered & cinnamon sugar			✓		✓		
Box Candy		✓			✓		
Soda							
Bottled Water							
Gatorade							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>The Smoker</b>							
Pulled Pork Sandwich		✓	✓	✓	✓		
Brisket Sandwich		✓	✓	✓	✓		
Chicken Quarters		✓	✓	✓	✓		
Sausage		✓	✓	✓	✓		
Half Rack of Ribs		✓	✓	✓	✓		
Smoked Turkey Leg					✓		
Bottled Water							
Bottled Soda							
Draft Beer			✓				
Canned Beer			✓				
Mac n Cheese Side		✓	✓	✓	✓		
Coleslaw		✓		✓	✓		
Baked Beans					✓		
Potato Chips		✓					

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>The Trellis</b>							
Cheeseburger Basket		✓	✗		✓		
Hamburger Basket			✗		✓		
Black Bean Veggie Burger Basket			✗		✓		
Grilled Chicken Sandwich Basket		✓	✗		✓		
Whole Cheese Pizza		✓	✗		✓		
Whole Pepperoni Pizza		✓	✗		✓		
Cheese Slice		✓	✗		✓		
Pepperoni Slice		✓	✗		✓		
Nashville Hot Sandwich Basket			✗	✓	✓		
Footlong Hot Dog Basket			✗		✓		
Kids Hot Dog Meal			✗		✓		
Garden Salad			✗				
Chicken Caesar Salad		✓	✗	✓	✓		
Fruit Cup							
Fries					✓		
Soda							
Gatorade							
Bottled Water							
Hood Milk		✓					
Starbucks Coffee							
Teavana Hot Tea							
Hot Chocolate		✓			✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Midway Stage Food Tent</b>							
Apple Bacon Gouda Melt		✓	✗		✓		
Bufflo Chicken Melt		✓	✗		✓		
3 Cheese Melt		✓	✗		✓		
Grilled Street Corn Elotes		✓					
Smoked Turkey Legs							
Creamy Tomato Basil Soup		✓	✗				
Banana Foster Beignets		✓	✗	✓	✓		
Bottled Water							
Beer							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Sons of Liberty Tavern</b>							
Seasoned Waffle Fries			✓		✓		
Mozzarella Sticks		✓	✓		✓		
Sweet Potato Waffle Fries					✓		
Chicken Tender Basket		✓	✓	✓	✓		
Foot Long Lobster Roll		✓	✓	✓	✓	✓	✓
Foot Long Hot Dog		✓	✓		✓		
Gluten Free Buffalo Chicken Wrap		✓		✓	✓		
Chicken Caesar Wrap		✓	✓	✓	✓		✓
Clam Chowder		✓	✓		✓	✓	✓
Chicken Caesar Salad		✓	✓	✓	✓		
Gluten Free Garden Salad					✓		
Kids Grilled Cheese		✓	✓	✓	✓		
Kids Chicken Tender Basket		✓	✓	✓	✓		
Chili		✓			✓		
Italian Sausage Sub		✓	✓		✓		
Fish & Chips		✓	✓	✓	✓	✓	✓
Draft Beer			✓				
Premium Draft Beer			✓				
Alcoholic Canned Options							
Wine Selections			✓				
Soda							
Bottled Water							
Hood Milk		✓					
Apple Juice							
Starbucks Coffee							
Teavana Hot Tea							
Chicken Tenders Only		✓	✓	✓	✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>DaVinci's Dream Cart</b>							
Cookies & Cream Dippin' Dots		✓	✓		✓		
Rainbow Ice Dippin' Dots					✓		
Chocolate Chip Cookie Dough Dippin' Dots		✓	✓		✓		
Cotton Candy Dippin' Dots		✓		✓	✓		
Banana Split Dippin' Dots		✓		✓	✓		
Chocolate Dippin' Dots		✓		✓	✓		
Popcorn		✓			✓		
Cotton Candy							
Bottled Water							
Gatorade							
Pretzel W/ Cheese		✓	✓		✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Cafe D'or</b>							
Coffee							
Espresso Latte		✓					
Espresso Mocha		✓					
Espresso Caramel Machiato		✓			✓		
Hot Tea							
Shaken Iced Tea							
Hot Chocolate		✓					
Add Espresso Shot							
Almond Milk	✓		✓		✓		
Coconut Milk	✓		✓		✓		
Oat Milk	✓				✓		
Add Flavor Shot							
Add Whipped Cream		✓	✓		✓		
San Pellegrino							

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Hofbrauhaus</b>							
Draft Beer			✓				
Draft Premium Beer			✓				
Wine			✓				
Popcorn		✓			✓		
Pretzels		✓	✓		✓		
Corn Dog		✓	✓	✓	✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>Midway Stage Rock 'n' Roll Bar</b>							
Draft Beer			✓				
Draft Premium Beer			✓				
Wine			✓				
Popcorn		✓			✓		
Pretzels		✓	✓		✓		

	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b><u>Midway Dippin' Dots</u></b>							
Cookies & Cream Dippin' Dots		✓	✗		✓		
Rainbow Ice Dippin' Dots					✓		
Chocolate Chip Cookie Dough Dippin' Dots		✓	✗		✓		
Cotton Candy Dippin' Dots		✓		✓	✓		
Banana Split Dippin' Dots		✓		✓	✓		
Chocolate Dippin' Dots		✓		✓	✓		
Cookie Crumble Dippin' Dots Sundae		✓	✗		✓		
Rainbows & Unicorns Dippin' Dots Sundae		✓			✓		
Rainbow Fun Dippin' Dots Float					✓		
Orange Delight Dippin' Dots Float			✗		✓		
Moonlight Dough Dippin' Dots Float			✗		✓		
Citrus Fun Dippin' Dots Sundae Float					✓		
Soda							
Bottled Water							
Game Fuel							
Popcorn		✓			✓		
<b><u>Main Entrance Carts</u></b>							
Pretzel with side of Cheese		✓	✗		✓		
Caramel Apple	✓	✓	✗	✓	✓		
Candy Apple		✓	✗	✓	✓		
Popcorn		✓			✓		
Cotton Candy							
Gatorade							
Bottled Water							
Cookies & Cream Dippin' Dots		✓	✗		✓		
Rainbow Ice Dippin' Dots					✓		
Chocolate Chip Cookie Dough Dippin' Dots		✓	✗		✓		
Cotton Candy Dippin' Dots		✓		✓	✓		
Banana Split Dippin' Dots		✓		✓	✓		
Chocolate Dippin' Dots		✓		✓	✓		
<b><u>Minuteman Clams</u></b>							
French Fries			✗		✓		
Soda							
Hot Chocolate		✓			✓		
Bottled Water							
Original Dog			✗		✓		
Cheesy Chili Dog		✓	✗		✓		
BLT Dog			✗		✓		
BBQ Slaw Dog		✓	✗	✓	✓		
German Kraut Dog			✗		✓		
CLP Signature Dog		✓	✗	✓	✓		
Souvenir Refill							



	Nuts	Dairy	Gluten	Egg	Soy	Shellfish	Fish
<b>BeBop Diner</b>							
Chicken Tenders		✓	✓	✓	✓		
Gluten Free BLT Salad		✓		✓	✓		
Fried Dough			✓		✓		
Whipped Cream		✓			✓		
Chocolate Sauce							
Soda							
Gatorade							
Bottled Water							
Souvenir Cup							
Buffalo Sauce		✓	✓		✓		
Honey Garlic Sauce		✓	✓		✓		
Sweet Asian Chili Sauce		✓	✓		✓		