



2023 Summer Food Allergy Guide

Canobie Lake Park, makes every effort to ensure our Guests' needs are met. We understand that some of our Guests may have food based allergies, and we strive to provide them with detailed information to make their meal choices as hassle-free as possible. The dietary and allergy information used to create these guides has been researched by Canobie Lake Park. The product ingredient information was derived directly from the product packaging that we receive from our suppliers.

While we attempt to keep this information as current and accurate as possible, please understand that there are many factors that can affect the accuracy of these guides, including but not limited to temporary product substitutions or cross-contamination (our products are shipped, stored, and transferred alongside other items that may include allergens). As always with any serious food allergy, please use your best judgement when deciding what and what not to eat.

We are happy to provide this guide as a service to our Guests, in hopes that it makes your visit here at Canobie Lake Park as enjoyable as possible. If there is anything else we can do to assist, please do not hesitate to use the contact information below or visit Guest Services at the Park entrance. For specific product ingredients lists, please use the contact information below. Thank you for visiting and enjoy your day!

<u>Pizza Ria</u>	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cheese Pizza		✓					✓			✓
Pepperoni Pizza		✓					✓			✓
Cheeze Pizza Gluten Free Cauliflower Crust	✓	✓								

<u>International Food Festival</u>	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Chicken Tender							✓			✓
Chicken Tender Basket							✓			✓
Cheese Pizza Personal		✓					✓			✓
Pepperoni Pizza Personal		✓					✓			✓
French Fries										
Cauliflower Cheese	✓	✓								
Gluten Free Chicken Tender										
Gluten Free Chicken Tender Basket										

<u>International Food Festival Ice Cream</u>	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Soft Serve Ice Cream		✓					✓			✓
Cherry Dip		✓				✓				
Chocolate Dip		✓				✓				
Sprinkles						✓				
Creamsicle Float		✓								
Rootbeer Float		✓								
Funnel Cake Fry Sundae	✓	✓				✓	✓			✓
Funnel Cake Fry W/ Dip Sauce	✓	✓				✓	✓			✓

Poncho Cantina	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Burrito		✓					✓			✓
Gluten Free Burrito		✓				✓				
Burrito Bowl		✓				✓				
Veggie Bowl		✓								
Nacho Grande		✓				✓				
Cheese Quesadilla		✓				✓	✓			✓
Chicken Quesadilla		✓					✓			✓
Steak Quesadilla		✓					✓			✓
Chicken Taco		✓				✓	✓			✓
Steak Taco		✓				✓	✓			✓
Taco Salad		✓				✓	✓			✓
Taco Salad with Chicken		✓				✓	✓			✓
Taco Salad with Steak		✓				✓	✓			✓
Waffle Fries							✓			✓
Waffle Fries W/ Cheese		✓					✓			✓
Fries Carne Asada		✓					✓			✓
Chips and Queso		✓				✓				
Chipd and Salsa						✓				
Chips and Guac						✓				
Rice and Beans										
Guacamole										
Fried Dough						✓	✓			✓
Churros	✓	✓				✓	✓			✓

Dancing Bear Canteen	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
BBQ Bacon Cheeseburger		✓		✓		✓	✓			✓
BBQ Bacon Cheeseburger Basket		✓		✓		✓	✓			✓
Cheeseburger		✓		✓		✓	✓			✓
Cheeseburger Basket		✓		✓		✓	✓			✓
HAMBURGER				✓		✓	✓			✓
Hamburger Basket				✓		✓	✓			✓
HOT DOG 1/4LB				✓		✓	✓			✓
HOT DOG 1/4LB BASKET				✓		✓	✓			✓
Black Bean Burger				✓		✓	✓			✓
Black Bean Burger Waffle Fries				✓		✓	✓			✓
Chicken Tenders						✓	✓			✓
Chicken Tenders Waffle Fries						✓	✓			✓
Waffle Fries						✓	✓			✓

Gables Grill	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Untamed Burger		✓		✓		✓	✓			✓
Untamed Burger Basket		✓		✓		✓	✓			✓
Nahville Hot Chicken Sandwich	✓	✓		✓		✓	✓			✓
Nahville Hot Chicken Sandwich Basket	✓	✓		✓		✓	✓			✓
Fried Chicken Sandwich	✓	✓		✓		✓	✓			✓
Fried Chicken Sandwich Basket	✓	✓		✓		✓	✓			✓
Cheese Burger		✓		✓		✓	✓			✓
Cheese Burger Basket		✓		✓		✓	✓			✓
Hamburger				✓		✓	✓			✓
Hamburger Basket				✓		✓	✓			✓
Chicken Tenders							✓			✓
Chicken Tenders Basket							✓			✓
French Fries										
Eggroll	✓						✓			✓

Lemonade	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Lemonade										
Fruit Cup										
Pretzel With Cheese		✓					✓			✓

Giant Pineapple	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Soft Serve- Vanilla		✓					✓			✓
Soft Serve- Chocolate		✓					✓			✓
Dole Whip										
Sprinkles						✓				
Popcorn						✓				

Chicken Coop	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Chicken Tenders							✓			✓
Chicken Tender Basket							✓			✓
Chicken Tender Salad							✓			✓

Lumberjack Ice Cream	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cookie Dough		✓				✓	✓			
Cookies and Cream		✓				✓	✓			
Chocolate		✓				✓				
Vanilla		✓				✓				
Mint Chocolate Chip		✓				✓				
Black Raspberry		✓				✓				
Strawberry		✓				✓				
Coffee		✓				✓				
Soft Serve- Vanilla		✓					✓			✓
Soft Serve- Chocolate		✓					✓			✓
Dole Whip - Pineapple										
Dole Whip Strawberry										
Smoothie Fresh Fruit		✓								
Cherry Dip		✓				✓				
Chocolate Dip		✓				✓				

Popcorn	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Popcorn						✓				
Caramel Corn						✓				

Fried Dough	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Fried Dough						✓	✓			✓
Fried Dough Chocolate	✓	✓	✓		✓	✓	✓			✓
Fried Dough Caramel		✓				✓				✓

The Smoker	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
BBQ Half Rack										
BBQ Chicken										
BBQ Brisket							✓			✓
BBQ Pull Pork Sandwich							✓			✓
Italian Sausage				✓			✓			✓
BBQ Burnt End Nachos		✓				✓				
Mac and Cheese Cup	✓	✓					✓			✓
Baked Beans Cup										
Coleslaw	✓					✓				
Miss Vicky's Chips Sea Salt										
Miss Vicky's Chips Smokehouse BBQ		✓								

The Trellis	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
BBQ Bacon Cheeseburger		✓		✓		✓	✓			✓
BBQ Bacon Cheeseburger Basket		✓		✓		✓	✓			✓
Nashville Hot Chicken Sandwich	✓	✓		✓		✓	✓			✓
Nashville Hot Chicken Sandwich Basket	✓	✓		✓		✓	✓			✓
Fried Chicken Sandwich	✓	✓		✓		✓	✓			✓
Fried Chicken Sandwich Basket	✓	✓		✓		✓	✓			✓
Cheeseburger		✓		✓		✓	✓			✓
Cheeseburger Basket		✓		✓		✓	✓			✓
Hamburger						✓	✓			✓
Hamburger Basket				✓		✓	✓			✓
Hot Dog Beef/Pork				✓		✓	✓			✓
Hot Dog Beef/Pork Basket				✓		✓	✓			✓
Black Bean Burger				✓		✓	✓			✓
Black Bean Burger Basket				✓		✓	✓			✓
Cheese Pizza		✓					✓			✓
Pepperoni Pizza		✓					✓			✓
French Fries										

Portofino Stand	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cheese Pizza		✓					✓			✓
Pepperoni Pizza		✓					✓			✓

Sons of Liberty Tavern	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Turkey Rachel W/ Waffle Fries	✓	✓		✓		✓	✓			✓
Steak and Cheese W/Waffle Fries		✓		✓			✓			✓
BLT W/ Waffle Fries	✓			✓			✓			✓
Chicken Club W/ Waffle Fries	✓	✓		✓			✓			✓
Grilled Cheese W/ Waffle Fries		✓		✓			✓			✓
Buffalo Chicken Mac N Cheese	✓	✓					✓			✓
Steak Mac and Cheese	✓	✓					✓			✓
Pork Mac and Cheese	✓	✓					✓			✓
Lobster Mac and Cheese	✓	✓					✓	✓		✓
Waffle Fries						✓	✓			✓
Mozzerella Sticks		✓				✓	✓			✓
Chips and Queso		✓								
Chicken Tenders						✓	✓			✓
Chicken Tender Basket						✓	✓			✓

Slush 11 Cart	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Ritchies Italian Ice										
Popcorn						✓				
Pretzel		✓					✓			✓
Cotton Candy										

Minuteman Clams	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Fried Clams		✓					✓	✓		✓
Fried Clam Plate		✓					✓	✓		✓
Fried Clam Roll	✓	✓					✓	✓		✓
Fish and Chips							✓		✓	✓
Fried Shrimp Plate							✓	✓		✓
Lobster Roll	✓			✓		✓	✓	✓		✓
Lobster Roll Plate	✓			✓		✓	✓	✓		✓
Fish Taco Plate	✓	✓				✓			✓	✓
Chicken Tenders							✓			✓
Chicken Tender Basket							✓			✓
French Fries										
Onion Rings		✓					✓			✓
Clam Chowder		✓					✓	✓		✓

BeBop Diner	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cheeseburger		✓		✓		✓	✓			✓
Cheeseburger Basket		✓		✓		✓	✓			✓
Chicken Tender							✓			✓
Chicken Tender Basket							✓			✓
French Fries										
Fried Dough						✓	✓			✓
Fruit Cup										
Hamburger				✓		✓	✓			✓
Hamburger Basket				✓		✓	✓			✓
Hot Dog 8/1				✓		✓	✓			✓
Hot Dog 8/1 Basket				✓		✓	✓			✓
Fried Chicken Sandwich	✓	✓		✓			✓			✓
Fried Chicken Sandwich	✓	✓		✓			✓			✓

Yankee Whaler	Egg	Milk	Peanut	Scasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cookie Dough		✓				✓	✓			
Cookies and Cream		✓				✓	✓			
Chocolate		✓				✓				
Vanilla		✓				✓				
Mint Chocolate Chip		✓				✓				
Black Raspberry		✓				✓				
Strawberry		✓				✓				
Coffee		✓				✓				
Soft Serve Vanilla		✓					✓			✓
Soft Serve Chocolate		✓					✓			✓
Waffle Bowl						✓	✓			✓
Cotton Candy										
Popcorn						✓				

DaVinci's Dream Cart	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Dippin' Dots		✓								
Ritchie's Italian Ice										
Cotton Candy										
Popcorn						✓				
Pretzel							✓			✓
Cherry N Blue Razz										
Rainbow Ice										
Ultimate Brownie Butter		✓				✓	✓			
Cotton Candy		✓								
Chocolate Chip Cookie Dough		✓				✓	✓			
Cookies N Cream		✓				✓	✓			

Main Entrance Carts	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Dippin' Dots		✓								
Ritchie's Italian Ice										
Apple Red Candied										
Apple Green Caramel		✓				✓				
Cotton Candy										
Popcorn						✓				
Pretzel with Cheese		✓					✓			✓
Cherry N Blue Razz										
Rainbow Ice										
Ultimate Brownie Butter		✓				✓	✓			
Cotton Candy		✓								
Chocolate Chip Cookie Dough		✓				✓	✓			
Cookies N Cream		✓				✓	✓			

Rock "n" Roll Bar	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Popcorn						✓				
Pretzel W/ Cheese		✓					✓			✓

Hoff Bar	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Popcorn						✓				
Pretzel W/ Cheese		✓					✓			✓

Dip N Dots Stand	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Dip N Dot		✓								
Dip N Dot Sundae		✓								
Dip N Dot Float		✓								
Icee										
Cotton Candy										
Popcorn						✓				
Pretzel W/ Cheese		✓					✓			✓
Stuffed Pretzel W/ Cheese		✓					✓			✓
Cherry N Blue Razz										
Rainbow Ice										
Ultimate Brownie Butter		✓				✓	✓			
Cotton Candy		✓								
Chocolate Chip Cookie Dough		✓				✓	✓			
Cookies N Cream		✓				✓	✓			

Midway Dip N Dots	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Dip N Dot		✓								
Dip N Dot Sundae		✓								
Dip N Dot Float		✓								
Cotton Candy										
Cherry N Blue Razz										
Rainbow Ice										
Ultimate Brownie Batter		✓				✓	✓			
Cotton Candy		✓								
Chocolate Chip Cookie Dough		✓				✓	✓			
Cookies N Cream		✓				✓	✓			

Midway Stage Cart	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Ritchies Italian Ice										
Popcorn						✓				
Pretzel W/ Cheese		✓					✓			✓
Cotton Candy										

Cabanas	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
POPCORN BOWL						✓				
FRENCH FRIES										
MOZZERELLA STICKS		✓					✓			✓
FRUIT PLATTER										
CHIPS W/ PICO & QUESO		✓				✓				
CHIPS W/ BUFFALO DIP		✓				✓				✓
GRILLED CHICKEN SAND				✓		✓	✓			✓
TERIYAKI CHICKEN SAND				✓		✓	✓			✓
JALAMANGO CHICKEN SAND				✓		✓	✓			✓
CHEESEBURGER BASKET		✓		✓		✓	✓			✓
HAMBURGER BASKET				✓		✓	✓			✓
HOT DOG 1/4 BASKET				✓		✓	✓			✓
TWO HOD DOG BASKET BEEF N PORK				✓		✓	✓			✓
HOT DOG BASKET				✓		✓	✓			✓
CHICKEN TENDER BASKET						✓	✓			✓
TSUNAMI TENDER BASKET							✓			✓
TERYAKI CHICKEN TENDER BASKET							✓			✓

Candy Shoppe	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
APPLE - RED CANDY										
APPLE - GREEN CARAMEL		✓				✓				
VANILLA FUDGE	✓	✓	✓		✓	✓	✓			✓
CHOCOLATE FUDGE	✓	✓	✓		✓	✓	✓			✓
COOKIES AND CREAME FUDGE	✓	✓	✓		✓	✓	✓			✓
CHOCOLATE M&M FUDGE	✓	✓	✓		✓	✓	✓			✓
CARAMEL SWIRL FUDGE	✓	✓	✓	✓	✓	✓	✓			✓
MILK & COOKIES FUDGE	✓	✓	✓		✓	✓	✓			✓
BLUE MONSTER COOKIES N CREAME FUDGE	✓	✓	✓		✓	✓	✓			✓
RED WHITE AND BLUE FUDGE	✓	✓	✓		✓	✓	✓			✓
BEACH FUDGE	✓	✓	✓	✓	✓	✓	✓			✓
FRUIT FUDGE	✓	✓	✓	✓	✓	✓	✓			✓
Triple Chochlate Chip COOKIE	✓	✓	✓		✓	✓	✓			✓

Castaway Dippin' Dots	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
DIPPIN DOT L/R		✓								
DIPPIN DOT SUNDAE		✓								
DIPPIN DOT FLOAT		✓								
COTTON CANDY										
POPCORN						✓				
Cherry N Blue Razz										
Rainbow Ice										
Ultimate Brownie Butter		✓				✓	✓			
Cotton Candy		✓								
Chocolate Chip Cookie Dough		✓				✓	✓			
Cookies N Cream		✓				✓	✓			

Outrigger Grill	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
GRILLED CHIX SAND				✓			✓			✓
GRILLED CHIX SAND BASKET				✓			✓			✓
TERIYAKI CHIX SAND				✓			✓			✓
TERIYAKI CHIX SAND BASKET				✓			✓			✓
JALAMANGO CHIX SAND				✓			✓			✓
JALAMANGO CHIX SAND BASKET				✓			✓			✓
CHEESEBURGER		✓		✓		✓	✓			✓
CHEESEBURGER BASKET		✓		✓		✓	✓			✓
HAMBURGER				✓		✓	✓			✓
HAMBURGER BASKET				✓		✓	✓			✓
HOT DOG 1/4 ALL BEEF						✓	✓			✓
HOT DOG 1/4 ALL BEEF BASKET						✓	✓			✓

Wraps and Salads	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
CORDON BLUE WRAP	✓	✓					✓			✓
CORDON BLUE WRAP / GF no dress	✓	✓								
TURKEY BLT WRAP		✓				✓				✓
GF TURKEY BLT WRAP						✓				
CHICKEN CAESAR WRAP		✓				✓	✓			✓
GF CHICKEN CAESAR WRAP		✓		✓		✓				
CEASER DRESSING PACKET									✓	
ZESTY ITALIAN WRAP		✓								✓
GF ZESTY ITALIAN WRAP		✓		✓		✓				
MEDITERANEAN WRAP		✓		✓			✓			
MAYONAISE PACKET	✓									
32 OZ SALAD										
GARDEN SALAD							✓			✓
GF GARDEN SALAD										
CHICKEN CAESAR SALAD		✓				✓	✓		✓	✓
GF CHICKEN CAESAR SALAD		✓				✓			✓	
ORIENTAL CHICKEN SALAD						✓	✓			✓
MEDITERANEAN FEAST		✓		✓			✓			✓
16OZ SALADS										
MIXED FRUIT CUP										
MIXED FRUIT PARFAIT		✓								✓
PASTA SALAD TRI COLOR						✓	✓			✓
RED BLISS POTATO SALAD	✓					✓				

Petey's Pizza	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Cheese- Personal		✓					✓			✓
Pepperoni- Personal		✓					✓			✓
Buffalo Chicken Pizza- Personal		✓					✓			✓
Cheese Gluten Free Cauliflower	✓	✓								
Homemade Chips										✓

Shark	Egg	Milk	Peanut	Seasame	Tree Nut	Soy	Wheat	Shellfish	Fish	Gluten
Popcorn						✓				